



Welcome to our Summer edition of Macleay Valley Village's newsletter.

With November marking our 1st anniversary of welcoming our first residents to the Village, I would like to take this time to express how much I have enjoyed my first twelve months here as the village manager. Watching the connections that have been made by not only our residents but our wonderful staff has been such a rewarding experience to be a part of.

I believe our growing community is one of kindness, compassion & happiness and I would like to thank all of the residents and staff here at Macleay Valley Village for making this such an enjoyable place to be, and call home.

Warmest wishes for a Happy Christmas and a wonderful New Year to you all.

If you would like to share information that you think our readers might be interested in, please email me at emma@macleayvillage.net.au



Yoga

Some of our residents have been enjoying our weekly yoga classes being held in the recreation room of the community centre; every Thursday from 5:15pm. Our instructor, Lyn has tailor made her classes to suit over 50's focusing on a broad range of movement to suit all involved.



Aqua Aerobics



Our weekly Aqua Aerobic classes have commenced and just in time for the warmer weather! Aqua is a great low-impact exercise that increased muscle strength & flexibility. We have been very fortunate to obtain qualified Aqua Aerobic instructor Teresa who comes with years of experience and has devised a fantastic program to suit our residents. Aqua Aerobics is held in the community centre pool every Wednesday from 8:00am-9:00am.

If you are interested in attending our yoga or aqua aerobic classes please register your details on the activity booking sheet available on the community notice board. Numbers are limited due to current COVID restrictions so be sure to register weekly.



Let's get Local....



Just minutes from the Pacific Highway in Frederickton on the banks of the Macleay River, The Garden Bar & Kitchen's water front venue is a spectacular location to enjoy fresh local produce in a laid-back atmosphere.



What resident's family members have to say...



"Resident Marina with her daughter Donna"

Hi all, my name is Donna and my mum Marina is a resident here at Macleay Valley Village. I just wanted to take this opportunity to thank all the staff, especially Emma who has been so helpful in making my mum's move here one of ease and simplicity.

My Dad passed away in August last year and he and my mum had been married just shy of 52 years. It has been a big step for Mum to come to the village but she has fitted in perfectly and has made some life long friends already. Everyone here in the village are like family and really look out for one another. This puts my two brothers' and my mind at ease knowing our mum is enjoying her life and is well looked after.

The facilities at the village are outstanding and the location, of course is truly beautiful. Thank you once again to staff and residents of Macleay Valley Village.

Feedback and Suggestion

We welcome feedback and complaints as part of our commitment to provide high quality service. Tell us what we're doing well, we appreciate hearing from you. If you have concern, we also want to hear from you. We aim to provide a welcoming environment for you to raise a concern or complaint. You will find feedback and suggestion forms at reception. Please place this form in suggestion box located at the reception desk.



New Residents to the village



Philip & Colleen Hope Villa 51



Rhonda Burley Villa 53



Roger & Roma McAlister Villa 18



Val Bowen Villa 22



Mary Pipes Villa 49



Colin & Patricia Hassett Villa 5



David Wilcox Villa 2



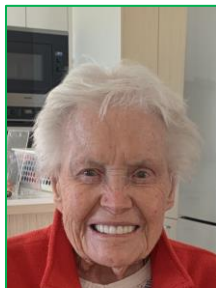
Jennifer Hayes Villa 56



Peter & Sharon Wilson Villa 11



Marj Woodfield Villa 113



Alan & Julie Harris Villa 108





Resident's Christmas Party



Christmas Craft

A big thank you to Annette Field for organising the Christmas craft workshop. The residents had a lovely time creating their very own Christmas elves.



Progressive Dinner



You are invited to attend Macleay Valley Village's first progressive dinner being held Sunday 13th December from 6:00pm. For more details please see reception or contact Greg from villa 116 or Judell from villa 38.



December Birthdays

Ronald Burke
Judell Parton
Fay O'Dell

January Birthdays

Roma McAlister



The Terrace Villa



The Terrace offers 2 bedrooms, 2 bathrooms, double garage & flexi room. The living area opens onto a large outdoor entertainment area offering panoramic views of the Valley. The roomy master bedroom features an en-suite and sliding glass doors that open to your outdoor terrace. This villa offers the best of both worlds, low maintenance yet spacious at the same time. With only seven terrace villa's remaining in stage one be quick to organize a tour today so you don't miss out on this amazing villa.



Easy Christmas recipe Ideas

Cheats mini berry jelly trifle

INGREDIENTS

- 85g packet raspberry jelly
- 125g raspberries, plus extra to serve
- 100g white cooking chocolate, chopped
- 1 cup thickened cream
- 250g mascarpone
- 75g vanilla melting moments
- 50g Charlie's Cookies Mini Melting Moments Raspberry White Choc
- White choc cream, to serve



METHOD

Step 1

Make jelly following packet directions. Pour into four 350ml glasses. Divide raspberries among glasses. Place in fridge for 2 hours to set.

Step 2

Melt chocolate and 1/2 cup thickened cream in a saucepan over a low heat. Cool to room temperature.

Step 3

Whisk chocolate mixture with mascarpone and remaining thickened cream until firm peaks form. Crush melting moments and mini melting moments. Arrange in layers on top of jelly. Top with white choc cream, Raffaellos, a chocolate star and extra raspberries.

Step 4

Cut into pieces. Serve.

Notes: Recipe can be found on Taste.com

From the Staff



Name: Steve

Role: Landscaper

Our Dam is near capacity so feel free to water your lawns regularly; in particular the alcove area that does not get as much rain.

We have a few keen lawn loving residents watering not just their lawns but vacant neighbouring lawns as well. If you would also like to do this or need a hose please let me know and I can organise. Many hands make light work in keeping our village green and well-kept, so thank you.